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Protocols for VGV Clients on Preparing for Training during COVID-19

We appreciate you continuing to work with Vestals Gap Ventures for your challenge course needs. Due to the COVID-19 outbreak we are adjusting our trainings to protect both our staff and yours. Vestals Gap Ventures is required to follow the Authority Having Jurisdiction (AHJ) (local, state, CDC) in the location our work is being performed. Therefore, our training procedures may vary for each client we work with. As we prepare, we are requesting the following items from you.

At Least Two Weeks before Training:

- Provide us with a copy of your site-specific COVID-19 policies and procedures (health screening, social distancing, hand washing, face covering, sanitation, etc.). This will help us align with your AHJ and prepare our trainer to help implement your procedures. We may also require additional or more stringent procedures to protect our staff and yours.
- Let us know if you will be able to provide the following accommodations for the trainer so that we will know if we need to make other arrangements. Accommodations must be private and “motel-equivalent” in nature with heat, air conditioning, a bed, linens and a private bathroom that will only be used by the trainer during the training. They must also include convenient access to laundry facilities, Wi-Fi, telephone and a television. If our trainer arrives and the accommodations are not adequate, we reserve the right to move them to a local motel and add any charges incurred to your final invoice.

Before the training:

- Check that you have enough helmets and harnesses for each trainee to keep the same helmet and harness throughout the training, if possible.
- Clean and disinfect accommodations for training – linens, bedroom, and bathroom.
- Clean challenge course life safety equipment if necessary.
- Train your staff on your COVID-19 policies and procedures before the challenge course training.

During the training you will need to provide the following:

- Adequate outdoor space and prepare trainees to remain outdoors as much as possible.
- Indoor space in case of inclement weather that is well ventilated and allows space for social distancing.
- Proper PPE for trainees (face masks).

- Supplies for cleaning & disinfecting (chairs, tables, shared items).
- Supplies for cleaning & disinfecting challenge course gear, if necessary.
- Bathroom and hand washing facility nearby including running water, hand soap, paper towels, and trash can.
- Handwashing facility or hand sanitizer at or close to the challenge course.
- Tissues, paper towels, and trash bags.
- Flagging tape, painter's masking tape, ropes, and/or cones to mark off areas, indicate traffic flow, prevent others from entering, etc. (if necessary).
- Sharpie or similar to help trainees ID individual gear.
- Laminated Signs - CDC educational materials (ex. Proper hand washing, social distancing, etc.).

Health screening of trainees on first day:

Take temperature - Any person with a temperature at or above 100.4° F or 38.0° C will be dismissed from the training. According to the CDC, internal temperature lower than 100.4 is acceptable.

Are you feeling healthy and well today?

Have you tested positive for SARS-COV-2/COVID-19?

Have you been in close contact with someone confirmed to have SARS-COV-2/COVID-19?

Are you currently experiencing any of the following symptoms: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea?

Have you experienced any of those symptoms within the last 14 days?

Have you returned from travel in China, Iran, the UK, Ireland, and/or another European country within the last 14 days? (refer to CDC for current list of countries)

Have you returned from travel in known United States hot spots in the last 14 days? (refer to CDC for current list states)

Do you have any underlying health condition that you think should not work around other people due to COVID-19?

Health screening of trainees on additional days of training:

Take temperature - Any person with a temperature at or above 100.4° F or 38.0° C will be dismissed from the training. According to the CDC, internal temperature lower than 100.4 is acceptable.

Are you feeling healthy and well today?

Are you currently experiencing any of the following symptoms: cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, new loss of taste or smell, nausea, vomiting, or diarrhea?

Be sure to also read the "Protocols for Clients Regarding Training During COVID-19" and "Operational Guidelines for VGV Clients During COVID-19."