

## ***Vestals Gap Ventures, LLC***

34752 Charles Town Pike  
Hillsboro, VA 20132  
VestalsGapVentures.com  
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540-668-6699

### **Low & Basic High Element Challenge Course Instructor Development Program 2023**

Vestals Gap Ventures offers a number of five-day Challenge Course Instructor Training programs each year. Programs are held near Knoxville, MD and are divided into two sections—Low Challenge Course elements the first two days and Basic High Challenge Course elements the following three days. Trainings are conducted from 8:00am until 5:00pm daily. Accommodations are readily available nearby and VGV can assist you with lodging recommendations. Travel directions and further details are available upon registration. The low session costs \$370.00 per instructor candidate and the high session costs \$555.00 per instructor candidate, or a discounted cost of \$875.00 per instructor candidate for consecutive low/high sessions. If taking Low and High training in consecutive sessions, an ACCT Level 1 Certification can be earned. Advance registration and payment are required and space is limited.

#### **Training Schedule (all dates tentative)**

**March 20 - 24, 2023**

**April 10 - 14, 2023**

**May 8 - 12, 2023**

**August 28 - September 1, 2023**

Training includes Safety Considerations, Educational Objectives, Program Objectives, Event Setup and Presentation for the following high and low course elements:

Zip Wire Complex	Trust Circle	Tire Traverse	Electric Fence
Zip Wire	Flying Carpet	Tunnel	Swinging Balance Beam
Two Rope Bridge	All Aboard	Hanging Teeter Totter	Tension Traverse
Vinewalk	Alligator Boards	Nitro	Wild Woosey
Eagle Walk	Blind Maze	Donut	A-Frame
Two Rope Bridge	Australian Trolley	The Beam	Traffic Jam
High Course Rescues	Blindfold	Mohawk Walk	Spider's Web
Belaying and Anchors	Flying Squirrel	Climbing Tower	Amazon
Harness & Helmet Use	Hot Stuff	Pamper Pole	Bear Tree
Lobster Claw Use	Monster	The Wall	Zig-Zag
Name Game	Bomb	Water Wheel	Debriefing

Training for other specific elements is available upon request. **We will also be offering a one-day Challenge Course Supervisor Curriculum (\$325) on March 27, April 17, May 5, and August 25.** Please contact Vestals Gap Ventures for further information.

**CHALLENGE COURSE INSTRUCTOR  
TRAINING PROGRAM**

**2023 Registration Form**

Additional information will be provided upon registration. Please list as the contact person the name of the individual in your organization who will be responsible for payments and disseminating information to your instructor candidate(s).

Organization Name:	
Contact Person:	E-mail:
Address:	
Phone (day):	Phone (evening):
Name of instructor candidate(s):	
Previous experience, if any:	

**Check the training(s) the instructor candidate(s) would like to attend:**

\*Accommodations are not provided, although they are available in the immediate area.

<b>Low Challenge Course (\$370)</b>	<b>Basic High Challenge Course (\$555)</b>	<b>Supervisor Training (\$325)</b>
_____ March 20-21	_____ March 22-24	_____ March 27
_____ April 10-11	_____ April 12-14	_____ April 17
_____ May 8-9	_____ May 10-12	_____ May 5
_____ August 28-29	_____ Aug. 30-Sept. 1	_____ August 25

*If signing up for consecutive High and Low Trainings a \$50 discount will apply. Also, an ACCT Level 1 Certification can be earned with consecutive High and Low Training.*

Registration fee enclosed \$
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Note that all registrants must be at least 18 years of age and have experience as a participant on a challenge course to complete certification. Full payment must accompany registration. Fees are non-refundable unless cancellation is given 30 days prior to start of training. A full refund will be given with a 30-day notice. If canceling after 30 days, a 50% refund is given up to two weeks prior to training; no refunds are given within 14 days of training. Substituting instructor candidates is acceptable. Please make checks payable to *Vestals Gap Ventures, LLC*.

*Please return registration to:*

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